## THE TASTE OF FALL & GERMANY

## CTOBER

BAMBINICREATIVI



	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5
NOM	S: Cheese Sticks L: BBQ Chicken w/ Rice & Corn S: Apple Slices	S: Yogurt & Fruit  L: Buttered Pasta w/  Squash, Spinach &  Parmesan Cheese  S: Carrot Sticks	S: Cheese Sticks  L: Oven Roasted  Chicken & Rice  w/ Salad  S: Apple Slices	S: Yogurt & Fruit L: Ground Beef Mexican Tacos & Fruit S: Carrot Sticks	S: Cheese Sticks L: Carrot Mac-N- Cheese & Fruit S: Apple Slices
TUE	S: Fall Harvest Granola L: Turkey Noodle Casserole w/ Green Peas S: Cucumbers & Hummus	S: Baked Oatmeal Squares L: Ground Beef, Bell Pepper, Tomato Spanish Rice & Fruit S: Fig Bar	S: Fall Harvest Granola L: White Bean Kale & Turkey Sausage & Fruit S: Cucumbers Slices & Hummus	S: Baked Oatmeal Squares L: Creamy Chicken Taco Soup & Fruit S: Fig Bar	S: Fall Harvest Granola L: Fall Harvest Bean Stew & Toast w/ Fruit S: Cucumbers Slices & Hummus
WED	S: Honey & Oat Cereal L: Jager Schnitzel Tenders & German Potato Salad & Fruit S: Veggie Straws	S: Cheese Stick L: German Sausage w/ Brussel Sprouts, Potatoes & Fruit S: Seasonal Fruit Leather	S: Honey & Oat Cereal L: Spatzle w/ Swiss Cheese & Green Peas & Fruit S: Veggie Straws	S: Cheese Stick L: German Pretzel w/ Cheese, Carrots & Fruit S: Seasonal Fruit Leather	S: Honey & Oat Cereal L: Sausage, Cabbage & Fruit S: Veggie Straws
OHL	S: Apple Slices L: Pumpkin Kefir Pancakes, Turkey Sausage & Fruit	S: Frozen Yogurt Bark L: Bean & Cheese Burritos & Fruit S: Clementines	S: Apple Slices L: Carrot Mac-N- Cheese & Fruit S: Fall Trail Mix	S: Frozen Yogurt Bark L: Italian Sausage, Spinach, White	S: Apple Slices L: Buttered Pasta w/ Squash, Spinach & Parmesan Cheese &



S: Pumpkin Spice Muffins

S: Fall Trail Mix

L: Spaghetti Marinara L: Fall Harvest & Meatballs w/ **Green Salad** 

S: Fruit Leather

S: Apple Crumble Muffins

**Bean Stew & Toast** w/ Fruit

S: Carrot Sticks



S: Apple Crumble Muffins

S: Clementines

**Bean Soup & Fruit** 

L: Lentil Vegetable Soup w/ Toast & Fruit

S: Fruit Leather

S: Pumpkin Chocolate Chip Muffins

S: Fall Trail Mix

Fruit

L: Turkey Mummy **Dogs & Veggie Chips** 

S: Carrot Sticks

MENU IS SUBJECT TO CHANGE BASED ON INGREDIENT AVAILABILITY